Community Events

Commissioning briefing

The quarterly enlisted commissioning briefing is from 11 a.m. to noon today at Bldg. 600, Suite 2099 for interested Airmen.

For more information, call 784-4184.

Volunteer opportunity

Ten volunteers are needed to take down holiday decorations at Mesa Elementary from 8:30 to 10:30 a.m. on Tuesday.

To volunteer or for more information, call 784-4228.

VA seminars

Veterans Administration representative John Fondrick will offer appointments from 9:30 a.m. to noon on Tuesday to review completed medical claim forms at the Airmen and Family Readiness Center. He will then conduct the following seminars:

From 1 to 1:30 p.m. he will discuss the differences between a medical evaluation board and a VA claim.

From 1:30 to 3 p.m. attendees can review their service medical records and start a claim with the VA.

From 3 to 4 p.m. there will be a question and answer period about different benefits, including the GI Bill, home loans, vocational rehabilitation, small business loans and state benefits.

For more information, call 784-4228.

Tricare for retirees

A Tricare for Retirees class will be from 1 to 2 p.m on Tuesday at the Airman and Family Readiness Center.

The class provides information on Tricare benefits for retirees.

For more information or to register, call 784-4228.

Right Start

Right Start is from 7:30 a.m. to noon on Jan. 17 at the Landing.

All newly arrived Airmen, except for those at the First Term Airmen Center must attend.

For more information, call 784-4228.

Dr. King breakfast

A breakfast commemorating Dr. Martin Luther King's birthday starts at 8 a.m. Jan. 12 at the base chapel.

Guest speaker is Pastor Maurice Monson, associate pastor at the Faith Christian Family Church. The menu includes scrambled eggs, bacon, hash browns, biscuits and gravy, orange juice, hot tea and water for \$6.

More Community Events on page 9

NACH-WEIF

Vol. 51, No. 49

Cannon Air Force Base, N.M.

Dec. 15, 2006



PHOTO BY STAFF SGT. MADELYN WAYCHOFF

Honoring a fallen Airman

Friends and family pay respects for Capt. Kermit Evans during burial services at Arlington National Cemetery in Washington, D.C. on Dec. 3. Captain Evans, commander of the 27th Civil Engineer Squadron Explosive Ordnance Disposal Flight at Cannon, was deployed to Iraq and was killed in an emergency helicopter landing near the shore of Lake Qadisiyah in Al Anbar Province, Iraq. Memorial services for Capt. Evans will be at noon today at the Cannon Chapel. Airmen and the Cannon public are invited to attend.

AFSO 21 special assistant visits Aviano

By Staff Sgt. Matt Lichtenberg American Forces Network Aviano

AVIANO AIR BASE, Italy – The secretary of the Air Force's special assistant for Air Force Smart Operations 21 visited in November to see firsthand what improvements 31st Aircraft Maintenance Squadron AirmEn had suggested and how they were implemented.

Dr. Ron Ritter is responsible for developing and coordinating the Air Force's AFSO 21 transformational efforts. An early leader in understanding and applying lean manufacturing methods in U.S. operations, the Rhodes Scholar has direct, front-line experience in aerospace production, and aircraft maintenance repair and overhaul, among other environments.

One implementation he witnessed while visiting an aircraft maintenance

hangar was part of a broader series of changes that sliced two days off a sevenday process.

Instead of moving a ladder to the different parts of the aircraft, the maintainers built "maintenance stands" around the jet. It's literally scaffolding built exactly around the aircraft, said Master Sgt. Ben Carson, 31st AMXS Inspection Section chief.

"The Airmen are going to do a lot of this. They will come up with most of the ideas," Dr. Ritter said. "The senior leaders need to give the right direction, but the ones that will manage, execute and sustain is that mid-level of leadership."

Of course if Airmen have ideas that will be implemented, mid-level leaders first have to be willing to listen and consider them. Optimally, supervisors are actively seeking input.

"We're always asking if anyone has

any ideas and to come forward with them. There's always an open line of communication," said Staff Sgt. Stephen Schweiss, a 31st AMXS phase floor chief, who said his door is always open to his Airmen.

Dr. Ritter also said the key to AFSO 21 working is airmen stepping up to voice their ideas to a supervisor, who should have an open mind.

And that's what he found at Aviano.

"They're always looking for new ideas as far as what we think will make our jobs easier here on the floor," said Senior Airman Ovidio Gonzalez, 31st AMXS phase crew chief.

Open lines of communication, supervisors seeking new ideas for how to improve efficiencies and increase productivity, and Airmen willing to speak up. Now that sounds like an AFSO 21 recipe for success.



Cannon 'Idea Man' earns recognition, cash

Innovative recommendations save Air Force money, equipment

By Janet Taylor-Birkey 27th Fighter Wing Public Affairs

Master Sgt. Kenneth Oswald, 27th Fighter Wing Safety, will represent Air Combat Command for the 2006 Air Force Exceptional Innovator Award.

Sergeant Oswald recommended changing the technical order procedure pertaining to the engine compressor blade lock removal on the F-16 engine. The new procedures prevent future damage to the compressor case when blind drilling set screws to remove the blade locks. The new procedures resulted in tangible savings of \$50,342 ened. Air Force-wide.

damage to an F-16 engine compressor case, Sergeant Oswald found that though the technical order was followed to attempt to remove a screw, something had gone wrong. The screw had to be removed by drilling it out and heated during the drilling process, which caused it to harden and become brittle. This led to damage to the compressor case during subsequent attempts to remove

Sergeant Oswald reasoned that the mishap could have been avoided if the stop sleeve used during the drilling process was short-

Working with General While investigating a Electric engineers, Sergeant mishap that resulted in Oswald found that the stop



Master Sgt, Ken Oswald, 27th Fighter Wing Safety, stands next to an F-16 compressor case with a check for \$5,663.25 he received May 4. In addition to the cash award for improving the procedure for removing the compressor's blade lock, Sergeant Oswald will represent Air Combat Command for the 2006 Air Force Exceptional Innovator Award.

sleeve could be shortened, which would allow the drill bit to bore deeper and remove the screw more easily.

His aggressiveness to

saved the Air Force money, it netted him cash as well.

"From the old days of the suggestion program I've been awarded as little as \$25. This share ideas has not only is my largest [before taxes]

check for \$7,000," he said in May after receiving a check awarded to him through the Air Force Innovative Development through Employee Awareness program.

Sergeant Oswald returned from a recent TDY with more good news awaiting him: he won the National Aeronautic Association Robert Collier Trophy at the ACC level. The Collier Trophy is awarded annually "for the greatest achievement in aeronautics or astronautics in America, with respect to improving the performance, efficiency and safety of air or space vehicles, the value of which has been thoroughly demonstrated by actual use during the preceding year."

Sergeant Oswald encourages anyone with a good idea to submit it to the idea program at https://ipds. mont.disa.mil/ IPDS / dv new home page.

Schedule announced for release of tax statements

Courtesy of American Forces Press Service

WASHINGTON - Servicemembers, military retirees and annuitants, and federal civilian employees paid by the Defense Finance and Accounting Service can expect to receive their 2006 tax statements beginning this month, DFAS officials announced

DFAS customers with access to the secure, Web-based "myPay" system will be able to retrieve their tax statements electronically up to two weeks sooner than those relying on regular mail delivery, officials said.

The myPay system includes layers of defense against identity theft, officials noted, adding that its technology meets or exceeds security requirements in private industry worldwide.

"Tax statements are available online, allowing customers to view and print W2s and 1099Rs," said Patrick Shine, DFAS operations

director. "Whether anyone needs the statements to complete taxes or just wants an extra copy for their records, the tax statements can be accessed and printed at any time. The printable statements are approved by the Internal Revenue Service."

Here are projected distribution dates for DFAS customers' tax statements:

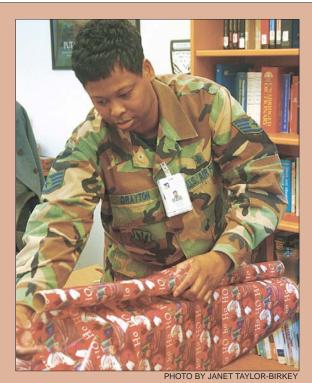
- Retiree Annual Statement: Available on myPay Dec. 9, mailed via U.S. Postal Service Dec. 16-31;
- Retiree 1099R: Available on myPay Dec. 15, mailed Dec. 16-31;
- Annuitant Account Statement: Available on myPay Dec. 18, mailed Dec. 19-31;
- Annuitant 1099R: Available on myPay Dec. 18, mailed Dec. 19-
- VSI/SSB W-2: Not available on myPay, mailed Jan. 4-5;
- Active Duty Air Force, Army, Navy W-2: Available on myPay Jan. 22, mailed Jan. 23-29;
- Reserve Air Force, Army, Navy W-2: Available on myPay Jan. 2, mailed Jan. 5-8;

- Marine Corps active and reserve W-2: Available on myPay Jan. 5, mailed Jan. 9-10;
- Civilian employee W-2: Available on myPay Jan. 9, mailed Jan. 11-18.

Mr. Shine added that current myPay account holders can eliminate the costs associated with generating and distributing the tax statements immediately by signing up and using myPay. A personal identification number, or PIN, is required to use the system, and eligible users can apply for one at the myPay Web site, www.mypay.dfas.mil.

Users with military e-mail addresses - addresses in the .mil domain - or a pre-registered personal e-mail address can receive their new PIN via e-mail. All others will receive their new PIN via mail in about 10 working days from the date of request, officials

Customers who already had obtained a PIN but have forgotten it can apply for a new one at the myPay site.



Holiday spirit

Staff. Sgt. Sherron Drayton, 27th Bioenvironmental Flight, wraps a present for a needy family Nov. 30. Sergeant Drayton, along with military and civilian co-workers have gathered more than \$800 in gifts and gift certificates that include toys, kitchen utensils and gift certificates.

News

Quilts help mend memories together

By Janet Taylor Birkey 27th Fighter Wing Public Affairs

Keri Williams arrived to pick up quilts that represented honor and memory. She knew the quilts were made for surviving family members of those killed in action, but she never expected to receive one of her own.

"You can look on TV and see what's happening in the world, but it's never real until it hits home," said Keri.

She eyed the quilts with sadness. Though her smile is filled with gratefulness at the colorful quilts, handmade by the Caprock Operation Homefront Quilters, her eyes reflect an element of sorrow in them for her own loss.

Keri's older brother, Private First Class Satieon Greenlee was killed in Iraq, in October, just five weeks after beginning his tour there. Keri was certainly concerned for his safety, but was still shocked by the news that "Tee" had been killed.

Married to Senior Airman Andrew Williams, 27th Component Maintenance Squadron, Keri is no stranger to military life. But as a younger spouse, she is not as familiar with the pain that sometimes accompanies a tour of duty. Now that the loss has come, she is learning to live with it, along with the additional fear of when her husband is next deployed.

It was when her son was two weeks old, and her husband had gone back to work, that her mother called with the news about her brother. "I heard in her voice that something was wrong," said Keri.

The shock was more unbelievable to her because her husband had been in Iraq, "and he came back okay."

After digesting the news, Keri adamantly told her husband, "You have to get out [of the military]." But after more consideration, she backed down.

"We're the kind of people that when it's your time to go, you're going, no matter what you are doing," said Keri.

Still, the only thing she could think of was going home to comfort her mother and her siblings.

Tee's death not only hurts Keri, but her 6-year-old daughter, JaKeria. Keri became a mom while still in high school and relied heavily on Tee to help her with childcare. "He worked at night and he was the only person I didn't have to pay to keep her"

It's the remembrance of the life of Tee Greenlee that keeps Keri going. She said that although his life was not long enough, it was spent serving his country and providing freedom for those he knew and those he didn't.

It is that knowledge that comforts Keri in the rough times.

"He knew he had to," Keri said. "It was the best thing for him."

She said Tee was tired of dead-end jobs that provided no financial stability for his family that included two children. While he may not have been totally sold on the idea, Tee joined the Army. At least this way, his family would have a steady paycheck and medical benefits

And while Keri may not agree with all aspects of the

PFC SATIEON V. "TEE" GREENLEE

PHOTO BY JANET TAYLOR-BIRKEY

JeKeria and her mother, Keri Williams, hold the quilts made for their family by

JeKeria and her mother, Keri Williams, hold the quilts made for their family by Operation Homefront Quilters at Cannon. The quilters made seven quilts for the Williams family in honor of Army Private First Class Satieon "Tee" Greenlee, Keri's brother, who was killed in Iraq in October. Her husband is Senior Airman Andrew Williams, 27th Component Maintenance Squadron, an Operation Iraqi Freedom veteran.

war, she said it is fair to say that she supports the troops doing their job. And she loves the fact that her big brother was working to make a difference.

"At least he died doing something good. He could have been doing something that served no purpose," she said. "His kids ... and all his family can have something to remember him by and know he did something good."

ABU schedule updates

27th Fighter Wing Public Affairs Staff Report

Air Force officials recently released the initial Airman Battle Uniform (ABU) wear and distribution plan. There will be a limited production run and distribution in January and February of 2007 in which senior leaders can purchase the uniform.

The rest of the Air Force will receive the ABU in phases, primarily based on upcoming deployments.

Beginning in March 2007, all Airmen deploying to the Area of Responsibility for Aerospace Expeditionary Forces seven and eight will be issued two sets of ABUs and two sets of Desert Combat Uniforms.

Only battlefield Airmen, such as combat rescue, special tactics, pararescue, combat control, tactical air control, special operations weather, battlefield weather and EOD, will be issued four sets of ABUs.

The ABU will begin being issued to basic military trainees in October of 2007.

The phased distribution plan is as follows:

— March 2007 – bases identified in

AEF seven and eight;

- July 2007 bases identified in AEF nine and ten;
- November 2007 bases identified in AEF one and two;
- March 2008 bases identified in AEF three and four;
- June 2008 full availability expected at Army and Air Force Exchange Services Military Clothing Sales worldwide.

The ABU boasts 236 different size options in both male and female sizes. Additionally, its permanent press finish means the uniform cannot be starched, pressed or dry-cleaned. Airmen will be able to pull the ABU from the clothes dryer and wear it without further treatment. Any ironing could degrade the

effectiveness of the uniform.

The cost for the uniform, pants and coat, runs about \$81. Additional items, such as socks, T-shirts, belts, and ABU-style hats will also need to be purchased.

Airmen are authorized to wear DCU-style boots with the ABU until the newly designed green boots become readily available. The green boots are priced at \$100.

A mandatory wear is expected for October 2011. Air Force Instruction 36-2903, Dress and Appearance of Air Force Personnel, will be updated and released by Jan. 1 2007.

This guidance will provide a complete wear policy, as well as wear policy for all accessories authorized with the new uniform.



COMMENTARY

Time 'at the office' may be well spent

By Lt. Col. Beachel Curtis

27th Fighter Wing Plans and Inspections chief

t's 6:30 p.m. and you're still at your desk, a stack of blue folders between you and the door and twenty e-mails waiting in your inbox. You should've been home an hour ago, but tomorrow's going to bring a new stack of folders, two meetings and an EPR due to the wing. Looks like the kids will be in bed again before you get home. Did you see them yesterday, or was it the day before? Outlook chimes you back to reality - add another e-mail to the list, grab another folder.

You can replace that office with a flight line, a squad car, a back shop, a weapons vault or a clinic. Today's operations tempo finds Airmen spending less time with their families and more time working at home station or deployed – directly opposite today's conventional wisdom that parents should spend more time with their children. That

increases the stressfulness of the situation, since most of us have little control over the mission demands on our time. "No one ever looks back at the end of their life and wishes they'd spent more time at the office and less time with their children," warns the bumper sticker on the back of Supermom's mini-van. How can we do this to our families?

ell, I do it with the conviction that I'm not just "at the office." Our nation is at war and our Airmen are "delivering sovereign options for the defense of the United States of America and its global interests." Those interests include my angels sleeping peacefully in their beds when I finally get home each night. My family and country deserve the finest military on the planet and I'm fortunate enough to be in a position to personally ensure it. Other families gathered around their dinner tables every night have to hope

someone's standing guard - my family sees it every

o make up for the lost hours, I try to spend quality time" with my family, not "quantity time." I know I'll never be able to coach my kid's team or even make every game, but it only takes a few minutes to read a book before bedtime or give that piggy back ride to the dinner table. Short periods of quality time every day, along with longer periods on the weekends, allow me to stay involved in my kids' lives while providing a little fatherly influence along the way.

I'm also lucky to have the support of my wife, who picks up the slack during my many absences. Kids take their cues from the top, so we stress to them the importance of my time "at the office" to keep them safe "like the policemen do." I don't want to look back one day and wish I'd spent a little more time at the office.

We are the secret ingredient to a longer holiday season

By Chaplain (Col.) Richard Johnson U.S. Joint Forces Command

NORFOLK, Va. - Except for the feeding frenzy that can occur when last minute shoppers compete for the last half-dozen "Bouncing Tiggers" known to exist in the Western world, the holiday period is generally a time of widespread friendliness, hope and cheer. There is a pervasive attitude of peace, love and joy that fills the hearts of most people. Have you ever noticed that people are more friendly, cooperative and helpful during the holidays?

Typically however, this helpful and loving attitude seems to quickly disappear right after the holidays. Why is this the case? Why does the spirit of the holidays seem to disappear when the last of the holiday cookies are

gone? Is there a secret ingredient in the festive foods that makes us love, accept and cooperate with our fellow human beings?

The secret ingredient is in our-

No, the real answer lies in the fact that the holidays are also a time for remembering the deepest truths of humankind. All of the major religions of the world celebrate the holidays and the New Year as a time of reflection and rededication. The holidays are a time for remembering and rejoicing because of the many blessings that we all have received from God. They are also a time for reaffirming the common bonds and struggles of humankind. The holidays bring us closer to God, and therefore closer to each other.

Dinners served at the homeless

shelters, gifts given to the needy and to orphans, letters written to lonely military members, visits made to nursing homes, and past hurts that are forgiven and forgotten are hallmarks of the holiday season because they are reminders that we all share the same needs, hopes, desires and dreams. We all live under the same sun, breathe the same air and drink the same water. Everyone desires love, companionship, acceptance and recognition. There is an undeniable bond that links us all.

Let the core values of the holiday linger in your lives.

People frequently ask why the holiday spirit can't continue throughout the entire year. The truth is it could! If the special feelings of the holiday season are to continue past the time when the holiday decorations have come down, then we must continually and repeatedly remind ourselves of the common ties and desires that we share. We must continually draw closer to our God - which will draw us closer to all humankind.

This holiday season, when we worship at our respective houses of worship, remember that the "core values" of the holiday season - those that we so deeply enjoy at this time of year, such as the "golden rule," the desire for true peace and the love of fellow human beings - are not simply meant to be practiced only during the holidays! Live the spirit! Let the light of the holidays shine on in your lives! May God richly bless you and yours during this holiday season.

MACH METER

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All photographs are Air Force photographs unless otherwise indicated. For paid advertisements, call the advertising department of the Clovis News Journal at 763-3431.

News articles, local notes and other items for the MACH METER should be brought to the 27th Fighter Wing Public Affairs Office, 110 E Sextant Ave. Suite 1099, or e-mailed to the Mach Meter at

27fwmachmeter@cannon.af.mil.

All submissions will be considered for publication

MACH METER based on news value and timeliness.

Every article and photograph will be edited for accuracy, clarity and brevity, conformance with the Associated Press Stylebook and Libel Manual and with Air Force Instruction 35-101. Coverage of upcoming events should be arranged in advance by calling the Public Affairs office at 784-4131.

If you have a suggestion you would like to make, or a kudo vou'd like to give, call the ACTION LINE at — If you have a problem you need resolved, call the responsible agency first so they can provide better service to everyone promptly.

Deadline for submitting articles is Thursday the week prior to publication. Deadline for free classified advertisements is noon the Tuesday prior to publication.

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Airman 1st Class Thomas Trow Assistant Editor Ms. Janet Taylor-Birkey Staff Writer







Protestant

Dec. 24

Regular Sunday Services Candlelight Christmas Eve, 7 p.m.

Dec. 31

Regular Sunday Services New Year's Eve Watch Night, 10 p.m. to midnight

4th Sunday of Advent Mass, 10:30 a.m. Christmas Eve Family Mass, 5 p.m. Christmas Solemn Mass, 10 p.m.

Dec. 25

No services

Dec. 31

Feast of the Holy Family Mass, 10:30 a.m.

Solemnity of Mary Mass, 5 p.m.

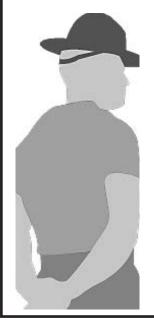
Jan. 1

No services

Sgt. Afi's 36-2903

Tip of the Week

A maximum of four earned badges may be worn on all blue service uniforms. A maximum of two badges are worn on the left side of the uniform above ribbons or the pocket if ribbons are not worn. Wear only aeronautical, occupational or miscellaneous badges in this location.





Energy-Saving Tip of the Week

Ways to save energy while cooking

- •Turn off the stove a few minutes before the food is done to allow retained heat to finish the cooking.
- Use smaller toaster ovens, microwaves, or crock pots when possible rather than baking with a large oven.

News Features

Hall of Heroes inducts new servicemember into its ranks

By Airman 1st Class homas Trower 27th Fighter Wing Public Affairs.

When Wayne Henry Higgs was born in Altamont, Illinois on January 27, 1925, he probably didn't expect to be part of a battle that would be held as a sign of freedom for his nation.

His part in securing America's freedom did not go unnoticed by the Cannon Airman Leadership School's Class 2007-B. They inducted Mr.

Higgs into the ALS Hall of 1st Battalion, 28th Marine Regi-Heroes on Dec. 7.

The Hall of Heroes program was begun in June 2004 to honor the previous extraordinary services of local heroes. There are eight ALS classes each year, and each class chooses a hero to add to the Wall of Heroes, many of whom were POWs during World War II. Mr. Higgs is the 18th hero to be inducted. He said his time in the military was "full of memories."

On Jan. 19, 1944, Private

First Class Higgs was drafted into the military and went through base camp. After taking entrance exams, he was sent to the Army, Navy and finally to h е Marines. He a S assigned to A Company, One of which was still under construction and once completed would be capable of housing a radar station that could give two hours warning of any impending U.S. aircraft. In order to mount a large-scale attack against the industrial centers of Japan, the Marines needed to neutralize the radar station and eliminate the threat. Private Higgs was one of the first Marines to step foot on the beaches of Iwo Jima.

ment, 5th Marine Division as a

Jima to secure three airfields.

His unit was sent to Iwo

Marine gunner.

"That island was pretty rough. But, we went on it and did our jobs," said Mr. Higgs. "When we arrived, we lost several men.

I had to be reassigned to a new machine gun platoon." None the less, they charged

on and secured the bottom of Mount Suribachi. After a few days of fierce fighting, Mount Suribachi was successfully taken and became the site for the historic World War II photo by Joe Rosenthal of the raising of the U.S. flag.

Private Higgs and his unit continued to fight for 30 straight days. One afternoon, Private Higgs received multiple wounds to his right shoulder and thigh during a firefight that killed s e v e r a l Marines.

"At about 12 o'clock [noon], I rolled

over and an artillery shell hit the fox hole I was in," said Mr. Higgs.

Due to the intense gunfire, he and his fellow Marines could not be evacuated until late in the night. The battle of Iwo Jima ended four days later.

For his efforts in battle, Private Higgs received several military decorations, including a Purple Heart medal, Asiatic-Pacific Campaign medal with one bronze star and the World War II Victory medal.

"I'm very proud to say I served in the military," said Mr.



PHOTO BY STAFF SGT. APRIL WICKES

Wayne Higgs was inducted into the Airman Leadership School Hall of Heroes Dec. 7 for his service during World War II.

Higgs. "I would do it again if I could. If I had not been wounded I would have stayed in for a while. I didn't expect anything like this induction to happen because of my service."

After two years of service he was honorably discharged in November of 1945 due to his wounds and returned to his home in Illinois. He came to Clovis, N.M., in 1951 and began working for the state highway department where he retired after 36 years of service. He and his wife Lillian have been married for the last 52 years.

The flag raising at Mount Suribach was near where Mr. Wayne Higgs fought with his fellow Marines on Iwo Jima.

Stateside spouse says Key Spouses are key to surviving deployment

By Janet Taylor-Birkey 27th Fighter Wing Public Affairs

She doesn't have children to fill her time while her husband is deployed, but don't be fooled: Betsy Matthies is one busy woman.

While her husband, Airman 1st Class Dan Matthies, Cannon Fire Department, is deployed to Southeast Asia for four months, she fills her time with a variety of activities. "I work full-time. I go to school full-time online. I'm a key spouse and I like to hang out with the other wives," said Mrs. Matthies. "It [staying busy] makes time go by fast: stay very busy."

Mrs. Matthies said the most frightening thing to happen to her while her husband has been deployed is her dog having a seizure. While the veterinarian assured Mrs. Matthies this is not unusual for a dog, it didn't make the event any less terrifying.

There are also the run-of-the-mill, everyday life situations to be dealt with, such as lawn mowers

not starting. "During the last deployment, my mower wouldn't start, so I got a warning," said Mrs. Matthies. Although not funny at the time, she now laughs, able to find the humor in the situation. "It was the first use of the year and it [the lawn mower] wouldn't start."

Her answer was to call the Cannon Key Spouses Club, who mowed her lawn. "[Key spouses] can help out a lot," said Mrs. Matthies. "Anything [ranging] from if someone is giving them trouble on base, or if they need something."

She said allowing key spouses to help is very important when you are alone, and they can help with the stress level most stateside spouses feel during a deployment. "If you get stressed out, talk to somebody, because that stress can linger with you for awhile."

For more information about becoming a key spouse, contact the Airmen and Family Readiness Center at 784-4228. For help dealing with stress while your spouse is deployed, contact the Life Skills department at the clinic at 784-1108.



PHOTO BY JANET TAYLOR-BIRKEY

Betsy Matthies credits the key spouses for helping her keep her sanity through her husband's deployment, as well as keeping a trimmed lawn.





For volunteer opportunities at Cannon and the Clovis/Portales areas, call Tom Campany at the Airman and Family Readiness Center at 784-4228.

MACH METER Dec. 15, 2006

COMMUNITY EVENTS



Pet of the Week

This puppy is a male Australian Shepherd mix and is available for adoption. For more information, call the Airman and Family Readiness Center at 784-4228.

■ Continued from page 1

Reservation deadline is Jan. 10. For more information, contact Staff Sgt. Paula Pasco at 784-6592.

Clinic upgrades

The plumbing, heating and air conditioning systems at the medical group are being upgraded. These upgrades are expected to last through June 2007. During this time, minor delays, detours around the most direct route to the clinic and construction noises may be experienced. Some restrooms may be temporarily out of service and temperatures indoors may be cooler or warmer than normal.

College registration

Registration for the spring semester at Clovis Community College is under way. Online and on-campus registration continues through Jan. 22. To register online, go to www.clovis.edu/register.

For more information, call 769-4025.

Room at the Caprock Inn

The Caprock Inn has rooms available during the holiday season for visiting guests. To make a reservation, call 784-2919.

Morale calls

Morale calls must go through the new automated "Morale Minder" system. Families making morale calls can call 784-4228 for a personal identification number.

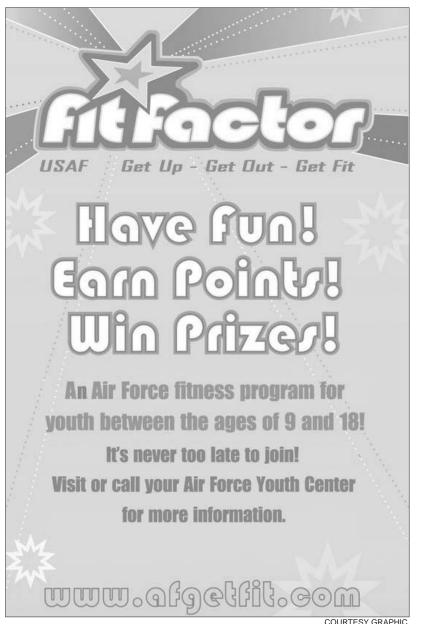
Last 2006 Mach Meter

The last issue of the year for the Mach Meter is Dec. 22. The first issue for 2007 is Jan.12. Events of interest can still be submitted during the two-week break to be placed on the Commanders Access Channel on a space-available basis.

For more information, call 784-4131.



SERVICES



FitFactor program completes highly participated first year

Courtesy of Air Force Services

Air Force Services Family Member Programs FitFactor initiative completed a successful first year of operations with more than 12,600 youth registered in the FitFactor program, surpassing 85 percent of the inaugural Air Force goal.

FitFactor is an Internet-based youth fitness program that encourages youth, families and friends to get active together and have fun as they make a commitment to Get Up, Get Out and Get Fit.

Pacific Air Force bested all commands with more than 3,100 registered youth and Ramstein Air Base, Germany, took the top base spot with more than 1,370 youth in the FitFactor program.

The FitFactor program had full participation from all Air Force Base youth programs. The program was even being piloted at Niagara Falls Air Reserve Station, N.Y., for Air National Guard and Reserve family members.

"FitFactor is really fun and the prizes are really cool! I'm glad I joined," said 9-year-old, Alicia, from Royal Air Force Lakenheath, United Kingdom.

FitFactor encourages youth to be active everyday and to make healthy eating choices. Youth receive points for activities they complete and are awarded small incentives to help them stay on the fitness path for each FitFactor level they achieve.

FitFactor stars have rivaled each other at the

top of the points leader board throughout the year. Fenton, from Andersen Air Force Base, Guam, and Rebekah, from Grand Forks AFB, N.D., have been just a few of them.

To recognize the elite players, new FitFactor teen posters were developed using images of these FitFactor stars and will be displayed in all Air Force Youth Programs.

The FitFactor program closed out its successful first year with a 101 Days of FitFactor Summer Fun promotion that offered bases an opportunity to participate in several contests.

Forty-five bases received FitFactor grants totaling \$50,000 to enhance their youth fitness and nutrition initiatives.

"This is an awesome program and I hope to reach all of the levels and more! Now I am playing more and eating healthy," said 11-year-old Kaitlyn from Hurlburt Field, Fla.

Healthy habits last a lifetime and Air Force Youth Programs strive to make these habits fun and attainable for all of our families.

FitFactor launched the 2006 program with an Air Force wide kickoff party Oct. 7.

Youth between the ages of 6-8 will now be eligible to participate with parental permission and information has been added to the FitFactor Web site at www.afgetfit.com with incentives and tips just for them.

Contact the Cannon Youth Center at 784-2747 for more information or to register a child in the FitFactor program.



to noon at the Cannon Library

DJ - 7 p.m. at the End Zone

Seafood Buffet – 11 a.m. at The Landing

What's happening?

Conversational Arabic language skills – 11 a.m. to noon at the Cannon Library

Football Frenzy – 6 p.m. at the End Zone

Tuesda

Basketball Clinic – through Dec. 22 at the Youth Center

Chef's Choice – 11 a.m. at The Landing Conversational Spanish language skills – 11 a.m. to noon at the Cannon Library

Pool Tournament – 4 to 6 p.m. at the Portales Community Center

Foosball Tournament – 5:30 p.m. at the Clovis Community Center

Kids Craft – 5:30 p.m. at the Clovis Community Center

Wednesday

International Buffet - 11 a.m. at The Landing

Conversational Chinese language skills – 11 a.m.

Thursday

Community Center

to noon at the Cannon Library

Conversational French language skills – 11 a.m. to noon at the Cannon Library

Wild Wednesdays – 1:30 p.m. at Cannon Lanes

Foosball Tournament – 3 to 5 p.m. at the Portales

Chess Club Casual Play – 6 p.m. at the Central Community Center



COURTESY GRAPHIC

Saturday

 $\begin{tabular}{ll} Yard Sale-Clovis Community Center \\ Moonlight and Music-6 p.m. at Cannon Lanes \\ \end{tabular}$

Conversational Japanese language skills – 11 a.m.

Colossal Cookie Comfort and Care – cookies taken

until 7 p.m. at the Central Community Center

Teen Lock-In – 8 p.m. at the Youth Center

Sunday

NFL Football – 10 a.m. at the End Zone Dart League – 6:30 p.m. at the End Zone

Monday

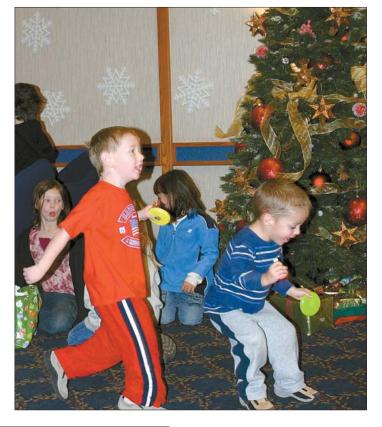
Melba's Choice – 11 a.m. at The Landing

News Feature

Holiday dinner joins spouses of deployed Airmen



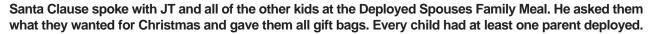




Far left: Volunteers from many 27th Fighter Wing organizations helped put together the Deployed Spouses Family Meal Tuesday. About 45 adults and twice as many children attended the meal to visit with friends and Santa Clause.

Left: JT Hurt (left) and his best friend had a ball playing with whistles and toys they found in their gift bags. When the kids found the whistles, the parents searched their gift bags for ear plugs. JT's dad is Tech. Sgt. James Hurt, 27th Maintenance Group, and is currently deployed to Bagram, Iraq.







Santa didn't visit only with the children. He also said hello to the 27th Services Squadron Airmen who were preparing the feast for the families, including Airman Sarah Bruza.

News Feature

Chief Murray says roll call good for Air Force

By Louis Arana-Barradas
Air Force Print News

MANTA FORWARD OPERATING BASE, Ecuador – Some Airmen are not getting information they need to make them better and more productive, Chief Master Sgt. of the Air Force Rodney J. McKinley said.

That is why he believes the start of a roll call program, which he said could start "within days," will help bridge the communications gap between senior Air Force leaders and Airmen around the globe.

"Our goal is to keep our Airmen informed," the Air Force's top enlisted leader said before departing Soto Cano Air Base, Honduras. "To make sure that information [they receive] is current and easy to understand."

The chief said the first topic for the roll call, which will come in the form of Roll Call Notes on the Air Force Web site, Air Force Link, is still pending. But he said the topics are of concern to Airmen – chosen from their feedback during the chief's many travels.

"We need, as leaders, to make sure our Airmen are informed," he said. "I want to hear what these Airmen have to say."

The chief said supervisors are the key to getting top-level Air Force information to Airmen. He believes face-to-face communication will help Airmen find out what is going on in the Air Force. But it is a two-way street, he said. At roll calls, supervisors also have an important avenue to also find out about Airmen's needs.

Chief McKinley is enthused about the roll call program and its potential to help top to bottom communication.

"Because keeping our Airmen informed and finding out what's going on with them and what their questions are is better for the whole Air Force," he said.

To reach Airmen, the roll call program will revolve around Roll Call Notes available each week on the Air Force's Web site, Air Force Link, the chief said. The notes will have information all Airmen need to know about the Air Force each week. The goal is for supervisors across the service to hold roll calls to pass this information and get feedback from their Airman.

The chief said there are several reasons driving the effort to bring back roll calls. One is to communicate better. Another is to get Airmen out from behind the computer, where some leaders expect them to find out about what is going on in the Air Force.

"But our Airmen, they work long hours. And when they're finished with their long days, a lot of times they don't have time or don't really want to get on the Air Force Web link and search and find out what's going on," the chief said.

Another reason for the roll calls is to take Airmen back to their heritage. In the past, most supervisors had daily roll calls to pass on and receive information. Some units still have roll call, but most do not.

The chief remembers his past duties as a crew chief, and how daily roll calls made clear what each Airmen had to do that day.

"When I was an aircraft mechanic, we always had roll call," he said. "We'd meet with Airmen every morning before we went [to work] and find out what mission we had for the day and how many aircraft we were going to launch, how many tires we needed to change."

But the meetings also gave supervisors the opportunity to look Airmen "in the eye and see how they were doing and to make sure they were fit



AIR FORCE PHOTO

Chief Master Sgt. of the Air Force Rodney J. McKinley speaks to Airmen Dec. 12 at Manta Forward Operating Base in Ecuador. Manta is at the center of the U.S. war on drugs in Latin America. He discussed the importance of bringing back roll call, saying that supervisors are the key to getting feedback from the Airmen.

before they went out there and climbed over the back of an F-4 (Phantom)."

Going back to having roll calls is good for Air Force business, he said.

"The more we know about our Airmen, the safer they're going to be and the better our Air Force is going to be," he said

Chief McKinley flew to Manta, a busy base that is the center of the U.S. war on drugs in Latin America. It is the second stop of his four-day, four-base tour of U.S. Southern Command forward operating bases. As part of the trip, the chief is getting an in-depth orientation on Air Force operations in the command's region, which covers all of Central and South America and the Caribbean.

The mission will also allow him to see Airmen's contributions to the command's operations. And he will also hear the Airmen's concerns during question-and-answer sessions and other gatherings. At Manta, Airman 1st Class Lauren Walker is an airborne radar technician who flies on counterdrug missions in the E-3 Sentry airborne warning and control aircraft. She is deployed for the first time from the 764th Airborne Command and Control Squadron, at Tinker Air Force Base, Okla.

The Airman, originally from Las Vegas, Nev., said she relished the chance to talk to Chief McKinley.

"I think it's great the chief is getting quality time with Airmen and our leadership," Airman Walker said. "The chief being here is good for morale, and it's important he get a chance to address issues we might be able to cover at the squadron level."

The chief received a briefing on the mission of Manta's 478th Expeditionary Operations Squadron. Squadron commander Lt. Col. Javier Delucca wants the chief to take back to Air Force Chief of Staff Gen. T. Michael Moseley

a key message: Manta is a base the United States needs. The colonel from Roseville, Calif., told the chief that Manta is not only effective in the counterdrug effort, but that it is also important for the development of the city of Manta.

The colonel, whose unit supports a joint inter-agency counterdrug effort, said he would love to sit down with the chief and discuss the future of the forward operating location, which could close in 2009 if the United States and Ecuador do not agree to another extension.

"I'd love to let the chief know how important the mission is here and that the chief of staff should make it a priority to keep the FOL open, if at all possible," the colonel said

Chief McKinley said it is these kinds of concerns, from Airmen of all ranks, which he likes to take back to the Pentagon and brief General Moseley.





Unit Spotlights



Congratulations Airman Leadership School Class 2007-B graduates

John Levitow Award winner

Senior Airman Brian Sturdivant, 27th Maintenance Operation Squadron

Other graduates:

27th Comptroller Squadron

Senior Airman James Killian

27th Operation Support Squadron

Senior Airman Chad Brink Senior Airman Patrick Bryant Senior Airman Robert Royals

27th Maintenance Group

Senior Airman Paul Shelvik

27th Aircraft Maintenance Squadron

Senior Airman Christopher Barnes Senior Airman Benjamin Blansett Senior Airman James Blaz

Academic Award & Distinguished Graduate

Senior Airman Anthony Morell Jr., 27th Aircraft Maintenance Squadron

Senior Airman Jon Block Senior Airman Robert Tooley Jr. Senior Airman Judd Stickney Senior Airman Brian Stoner Senior Airman Brandon Oliver

27th Component Maintenance Squadron

Senior Airman Zachary Turner Senior Airman Rojet Watkis

27th Equipment Maintenance Squadron

Senior Airman Charlie Breitbarth Senior Airman Matthew Graf Senior Airman Samuel Howard Senior Airman Zakiyyah Molson

27th Maintenance Operations Squadron

Leadership Award & DG

Senior Airman Joshua Osmun, 27th Civil Engineer Squadron

Senior Airman Michelle Moralez

27th Civil Engineer Squadron

Senior Airman Jonathan Lucero Senior Airman Benjamin Mayssonet

27th Logistics Readiness Squadron

Senior Airman Wilmer Alonso-Valentin Senior Airman Bridgette Reynolds

27th Security Forces Squadron

Senior Airman Matthew Herold Senior Airman David Mayerck Senior Airman Anthony Pace

27th Aeromedical Dental Squadron

Senior Airman Quianna Enang



Chapel services

CATHOLIC

Religious Education 9:15 a.m.

Sunday (grades K-6)

Sunday Mass 10:30 a.m. and 5 p.m. Reconciliation 9:30 a.m.

Weekday Mass (M,W,F) 12:05 p.m.

Edge/LifeTeen youth ministry 6 p.m.

Sunday (grades 7-12)

PROTESTANT

Contemporary 9 a.m. Sunday School 10:30 a.m.

Gospel 12 p.m.

For more information about other programs or other faith groups, call the chapel office at 784-2507.

At_the_Movies

The Cannon Movie Theater is located on the corner of Torch and D.L. Ingram. Movie prices are \$3.50 for adults, \$1.75 for children and \$1 for all viewers on Thursdays.

Happy Feet

Today at 7 p.m., and Saturday and Sunday at 4 p.m.

Description: Set deep in Antarctica and into the land of Emperor Penguins, where each needs a heart song to attract a soul mate, a penguin is born who cannot sing. Our hero Mumble, son of Memphis and Norma Jean, is the worst singer in the world — however, as it happens, he is a brilliant tap dancer!

PG – mild peril, rude humor **Running time** – 87 min.

Stranger than Fiction

Saturday at 7 p.m.

Description: A comedy about a novelist who is struggling to complete her latest — and potentially finest — book. There's only one problem: she only has to find a way to kill off her main character, Harold Crick, and she'll be done. Little does she know that Harold Crick is inexplicably alive and well in the real world and suddenly aware of her words. Fiction and reality collide when the bewildered and resistant Harold hears what she has in mind, and realizes that he must find a way to change her — and his — ending.

PG-13 – disturbing images, sexuality, brief language and nudity

Running Time – 113 min.

Let's Go To Prison

Sunday at 7 p.m.

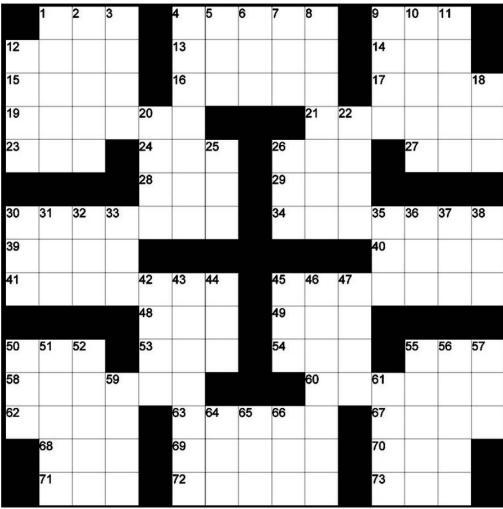
Description: Felon John Lyshitski has figured out the best way to get revenge on the now-dead judge who sent him to jail: watch the official's obnoxious son, Nelson Biederman IV, survive the clink. John strikes gold when Nelson is wrongly convicted of a crime and sent to the pen he used to call home. He gleefully gets sent back to become Nelson's cellmate and to ensure that his new buddy gets the "full treatment."

 $R-\mbox{language},$ sexual content, some violence and drug material

Running Time – 84 min.



THE LIGHTER SIDE



ANSWERS ON PAGE 18

Moon Shot

By Capt. Tony Wickman

71st Flying Training Wing Public Affairs

Across

- 1. Bond writer Fleming
- 4. Australian or New Zealander soldier
- 9. Rapping dr.
- 12. Writer Bombeck
- 13. ____ Mia
- 14. Snakelike fish
- 15. Last lunar mission
- 16. One of three crew members on last moon mission
- 17. Org. in charge of moon shot
- 19. Steal
- 21. U.S. space station projected
- after last moon shot
- 23. Single
- 24. Metal insignia of rank on shoulders of commissioned officers
- 26. Peter
- 27. USAF org. concerned with personnel
- 28. Water state
- 29. Japanese sash
- 30. Four-wheeled platform
- 34. Rocket used to launch lunar
- 39. ____ and Andy
- 40. Painful
- 41. One of three crew members on last lunar mission

- 45. Skilled performer of gymnastic feats
- 48. Female deer
- 49. Mai
- 50. Clump
- 53. Mining goal
- 54. Terminate
- 55. Actress Longoria 58. Lunar program
- 60. One of three crew members
- on last lunar mission
- 62. One of several large, dark plains on the moon; used as a
- landing site
- 63. Hangman's halter
- 67. Sicilian erupter
- 68. Captain _
- 69. Pilot program
- 70. Circle part
- 71. Explosive combo
- 72. Stares at
- 73. Color

Down

- 1. Cowboy great Michael
- 2. Walk __ in her shoes...
- 3. Inexperienced person
- 4. Name of last lunar mission
- command module
- 5. AFSC 12X duty
- 6. GNC nutrition supplement
- 7. USAF E-2
- 8. Winter melon
- 9. Operation ___ Flight
- 10. Royal domain; kingdom 11. Lanchester and Schiaparelli
- 12. Former Montreal player

- 18. Vehicle brakes, in short
- 20. Saga
- 22. Sew
- 25. Each
- 26. Battery charge, in short
- 30. Owns
- 31. USAF MAJCOM
- 32. Classic Japanese drama employing verse, choral song,
- 33. USAF medal awarded for
- distinguished performance 35. Morale, welfare and recre-
- ation org.
- 36. ___ Roy
- 37. Gun lobby
- 38. Mil. retiree perhaps
- 42. American
- 43. Canadian city home to the
- Maple Leafs
- 44. Golf prop
- 45. Dined
- 46. Invalidates
- 47. First US woman in space
- 50. Beaver structure
- 51. Separate
- 52. Periodic Table symbol B
- 55. Doorway
- 56. AETC base
- 57. Santa
- 59. Annual season of fasting and
- penitence; prep for Easter
- 61. Browse
- 64. Web site ending 65. Engine need
- 66. Auto mechanics org.

SPORTS AND HEALTH

Airmen, Soldiers revel in America's pastime in Iraq

By Senior Airman Josh Moshier 332nd Air Expeditionary Wing Public Affairs

BALAD AIR BASE, Iraq - If you visit the softball diamond on any weekend at Logistics Support Area Anaconda, Iraq, you're likely to see a corecreational game with players on both sides swinging the bat, circling the bases and trading friendly barbs with one another.

At first glance, the scene would appear no different than any other softball game you've watched - until you look around and realize there are military convoys passing on the street and fullyloaded Blackhawk helicopters and F-16 fighter aircraft circling overhead.

Behind the outfield fence and extending from the right field corner past dead center is a 12-foot wall of concrete barriers intended to shield servicemembers from fragments should the base be attacked by insurgents with rockets or mortars. Modest wooden benches for the few spectators who show are covered by camouflaged netting. Players carry loaded weapons with them to the field, and guard towers overlook the grounds beyond the perimeter of the highly fortified base.

It's a surreal picture in a world most people are only familiar with through images seen on the nightly news. For the athletes, it's an hour each week to step away from the reality of living in a combat zone and enjoy a game that reminds them a little bit of home.

"It's a challenge playing on a field full of rocks," said Airman 1st Class Andrew Emert of the 332nd Expeditionary Communications Squadron, who's deployed here from the 99th Communications Squadron, Nellis Air Force Base, Nev. "You think a ball is going to stay down, and then it hits a rock and it's in your face."

Regardless, Airman Emert looks forward to each week's game as a release from the never-ending work cycle.

"This is fun, and it gets me out of the office and takes my mind off the stresses vou have here for an hour each week," he said. "Just getting out and having a good time takes my mind off of missing home."

The league is made up of 28 teams, representing various units from the base, split into two 14-team divisions. The season is 13 weeks long and culmi-

> nates in an end-of-season championship tournament. The level of participation was a welcome surprise for the Army morale, welfare and recreation unit responsible for organizing the league.

> "We got more teams than we expected," said Army Sgt. John Gumataotao, 657th Area Support Group MWR noncommissioned-officer-in-charge, an Army Reservist deployed here from the 1101st Garrison Support Unit, Hagatna, Guam. "We were going to try to limit the league to 10 teams in each division, but there was so much interest, we decided to expand that number. It's been very successful."

> Playing games and running a league in this environment is certainly not without obstacles.

There's no grass anywhere sight, and the sheer quantity of rocks practically guarantees fielders won't see many true hops. Iraq sees little rain, making the ground hard, and line drives skip off it as if they were hit on blacktop. The outfielders must occasionally navigate an enormous mound of rock and dirt inconveniently dumped in deep center field.

Although according team can get

enough players to show up each week.

"Unfortunately, some teams have to forfeit because they have to accomplish their mission. Obviously, the mission comes first," he said.

"Getting the chance to come out here and play once a week is definitely a morale boost," said Army Staff Sgt. David Cutsinger of the 1744th Transportation Company, an Army National Guardsman deployed here with his unit from Streator, Ill. "It gives people something else to get their mind on other than being in Iraq."

Sergeant Cutsinger said the 1744th TC is one that has had to play most weeks without its full complement of players. While he acknowledges there's plenty of military responsibility to tend to, he doesn't sell short the importance of playing games, either.

"This is very important for morale," Sergeant Cutsinger said. "When you're over here, your life consists of work. Sometimes, guys don't want to come out because we get beat pretty bad most of the time. But I tell them, 'come on – we have 50 minutes on this field each week; let's take it."



S e r g e a n t Staff Sgt. Terry LaBreck, 332nd Expeditionary Communica-Gumataotao, the tions Squadron, checks the scorebook in the ECS dugout biggest challenge during a game with the 1744th Transportation Company at is ensuring each the Logistics Support Area Anaconda softball field Saturday.

> While the players agree the most important thing is for everyone to have fun, avoid injury and spend time with teammates away from the work environment, there's still a competitive fire burning underneath.

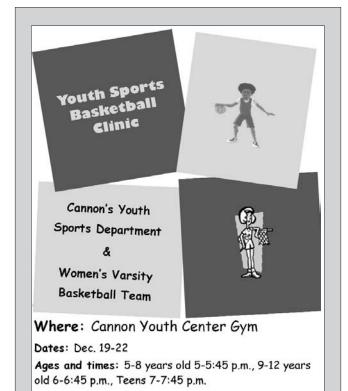
> "Every unit here is competitive and wants to be the best," said Staff Sgt. Terry LaBreck of the 332nd ECS, deployed here from the 83rd CS at Langley AFB, Va. "My motivation to play is to make sure I do my part in the 332nd ECS smack down on the Army teams we

> "We've got to show them that what they call the 'Chair Force' can be competitive," he said.

> Ultimately, the opportunity to play a game that's taken for granted back home - a game as simple as softball - is contributing to a positive experience for the servicemembers' time here.

> "I've been playing softball for 24 years, so this is a nice release," said Chief Master Sgt. Bryce Maxson, 332nd Expeditionary Mission Support Group superintendent.

> "Besides, how many people can say they've played softball in Iraq?"

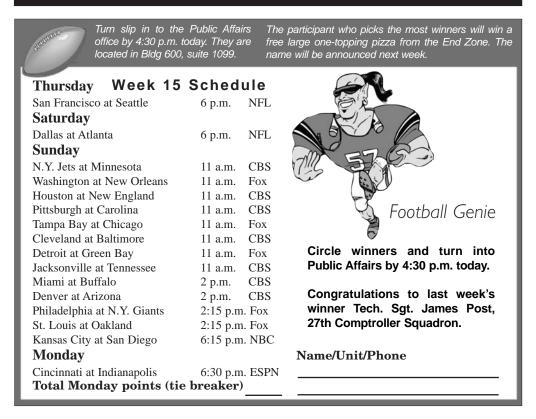


Contact person: Terrence Vinson 784-2747

COURTESY GRAPHIC



SPORTS SHORTS



Cannon Lanes 784-2280

Moonlight and Music — From 6 p.m. to midnight, Saturday bowl for \$1.75 per game.

Bowl with the lights over the lanes turned off and blacklights turned on. Lively music will play in the background.

3 for 2 — From 6:30 p.m. to midnight, Dec. 23, bowl three games for \$4.50. That's the price of two games and a savings of \$2.25.

Wild Wednesdays — Wednesdays in December school-age children receive discounts from 1:30 to 4:30 p.m. Bowl four games and receive free shoes and a drink for \$5.

From 6 to 9 p.m., bowl as many games as possible for \$5 per person.

Holiday Vacation Special — Youth ages 5 to 17 bowl for \$1.50 from 4 to 7 p.m. Monday through Friday Dec. 22 to Jan. 3.

Youth Center 784-2747

Youth activities for 'Tweens (ages 9-12) and Teens (ages 13-18)

Billards — 4:30 p.m. today for 'Tweens.

Basketball — 6 p.m. Saturday for

Indoor Softball — 6:30 p.m. Tuesday for Teens.

Skating — 6:30 p.m. Wednesday for Teens.

Match Run — 7 p.m. Thursday for Teens.

Basketball Clinic — Tuesday through Dec. 22. Call the Youth Center to sign up. Ages 5-8, 5 p.m.; ages 9-12, 6 p.m.; ages 13-18, 7 p.m.

Whispering Winds Golf Course 784-2800

Senior Days — Senior golfers, 50 years and older, receive \$2 off daily green fees and 50 percent off electric cart rentals on Monday and Friday.

Members First discounts — 10percent discount off annual, quarterly and monthly greens fees. Half-off club rentals. \$2 off cart rental for 18 holes.

End Zone 784-4283

Football Frenzy — Football Frenzy kicks off at 10 a.m. every Sunday. Don't forget to stop by for Monday Night Football at 5 p.m.



ANSWERS TO PUZZLE ON PAGE 16